

PACIFIC COAST ATHLETIC CONFERENCE / SEPT. 6, 2010

Miramar's Tousignant and Mesa's Magness honored

Miramar College soccer player Ashley Tousignant and San Diego Mesa volleyball player Kelsey Magness are the first two Pacific Coast Athletic Conference Women's Athletes of the Week of 2010-11.

PCAC 2010-2011 WOMEN'S ATHLETES OF THE WEEK		
Aug. 29	Ashley Tousignant, Miramar	Soccer
Sept. 5	Kelsey Magness, San Diego Mesa	Volleyball

Tousignant, a sophomore forward from Vista Murrieta High School in Murrieta, was selected for the week that ended Aug. 29. Magness, a sophomore outside hitter from Rocklin Independent High School in Rocklin, CA and a co-captain for the Olympians, was picked for the week that ended Sunday.

Tousignant scored a goal and dished off an assist as the unbeaten Jets (3-0) cruised to a 5-0 victory over Riverside Community College.

A returner from Miramar's 16-3-1 team of a year ago, Tousignant also was instrumental in connecting on passes and crossing difficult balls in front of the goal against the Tigers.

Magness contributed back-to-back double-figure kill performances as the Olympians won twice during the week.

Magness had 13 kills, 12 digs, an ace and a block in a five-game victory over Saddleback 25-23, 24-26, 17-25, 25-11, 15-12.

Then with Cal Lutheran University on the road to play in the Wittenburg National Invitational at Wittenburg OH, the Regals sent their B team to San Diego to face the Olympians – who disposed of the visitors in three games 25-12, 25-19, 25-17. Magness had 10 kills, a .391 hitting percentage, eight digs and three service aces.

Honorable mention honors went to Grossmont volleyball player Krystal Robinson, San Diego City College volleyball player Brittany Karis, San Diego Mesa soccer player Kate Newman, Miramar soccer player Kristen Kapitzke and Palomar soccer player Ashley Brodmann.

Robinson, a sophomore from Grossmont High School and a transfer from Cal State East Bay, had 31 kills in two matches along with six blocks and six aces, hitting .425 in a 3-0 sweep of Mt. San Jacinto and .373 in a 3-1 victory over Chaffey.

Karis, a sophomore outside hitter from Palm Springs High School and the Knights' captain, notched 12 kills and also contributed 12 digs and three service aces in a 25-16, 25-8, 25-22 season-opening sweep of Mt. San Jacinto.

Newman, a freshman goalkeeper from Scripps Ranch High School, recorded a shutout, totaling six saves, in the Olympians' 1-0 victory over Riverside Community College.

Kapitzke, a freshman forward from Poway High School, helped lead the Jets to an 8-0 win over Mt. San Jacinto by scoring three goals.

Brodmann, a freshman from Calvary Chapel Murrieta High School of Murrieta, tallied two goals, one to clinch the victory late in the second half, as the Comets won on the road 4-2 over Irvine Valley.