

PACIFIC COAST ATHLETIC CONFERENCE / JAN. 30, 2012

PCAC honors Mesa's Nelson and MiraCosta's Butts

San Diego Mesa College softball player Laura Nelson and MiraCosta basketball player Natoya Butts are the Pacific Coast Athletic Conference Women's Athletes of the Week.

Nelson, a freshman left-handed pitcher from Mount Miguel High School, notched victories over Santiago Canyon (by a 9-2 score), Chaffey (12-1) and San Diego City College (6-3) in the Glendale Tournament at Glendale Community College.

Butts, a 5-foot-10 sophomore guard from Escondido High School, helped lead the Spartans to a 2-0 week.

Butts, playing 35 of the 40 minutes as MiraCosta only had six players suited up, led the Spartans to a 60-44 win over San Diego City College with 19 points and 17 rebounds. She came back to score 10 points and haul down eight rebounds, also playing 35 minutes, in a 54-46 victory over defending conference co-champion Grossmont.

Honorable mention was awarded to basketball players Lucille Gleason and Jessica Bautista of first-place Mesa, and Gabby Robledo of Southwestern.

Gleason, a 5-foot-6 freshman guard from Sweetwater High School, scored 14 points, going 5-for-8 from the field, 3-for-5 on 3-pointers and 1-for-1 from the free throw line, as the Olympians (15-7 overall, 7-0 in conference) bounced Palomar 63-48 for their 11th win in a row.

Bautista, a 5-foot-8 freshman guard who also played high school ball at Sweetwater, keyed Mesa's 62-45 win over rival San Diego City College with 16 points and five steals. She went 6-for-6 on field goals, 2-for-2 on 3's and 2-for-3 from the line.

Robledo, a 5-foot-9 freshman guard from Olympian High School who was the PCAC Women's Athlete of the Week back on Dec. 4, helped the Jaguars beat Imperial Valley with 12 points, three assists, three blocks and two steals.

PCAC 2011-2012 WOMEN'S ATHLETES OF THE WEEK

Sept. 4	Savannah Allen, San Diego City College	Volleyball
Sept. 11	Ayded Reyes, Southwestern	Cross Country
	Alina Duran, San Diego Mesa	Water Polo
Sept. 18	Denise Devine, Grossmont	Volleyball
	Allyson Sherwood, San Diego Mesa	Soccer
Sept. 25	Taylor Crandall, Palomar	Golf
	Danielle Deeb, Miramar	Soccer
Oct. 2	Jacquelyn Stewart, Cuyamaca	Soccer
	Chelsea Almario, Grossmont	Volleyball
Oct. 9	Asia Machitar, San Diego Mesa Volleyball	
	Ashlee Smith, San Diego Mesa	Water Polo
Oct. 16	Naiomi Tilford, San Diego Mesa	Volleyball
	Stephanie Kranz, MiraCosta	Soccer
Oct. 23	Heather Chance, Palomar	Water Polo
	Sandra Castro, Miramar	Soccer
Oct. 30	Gabriella Clark, Grossmont	Volleyball
	Kate Newman, San Diego Mesa Soccer	
Nov. 6	Laura Kohl, Cuyamaca	Soccer
	Jaycee Arthur, Palomar	Volleyball
Nov. 13	Monik Richardson, Grossmont	Volleyball
	Mojgan Malekpour, San Diego Mesa	Water Polo
Nov. 27	Samantha Stiles, Miramar	Soccer
	Jontae Campbell, Miramar	Soccer
Dec. 4	Gabby Robledo, Southwestern	Basketball
Dec. 11	Angelina Hix, MiraCosta	Basketball
Dec. 18	Prescilla Contreras, San Diego City	Basketball
Jan. 1	Nicole Harris, Grossmont	Basketball
Jan. 8	Ashley Witherspoon, Palomar	Basketball
	Katie Ratfield, San Diego Mesa Basketball	
Jan. 15	Denise White, San Diego Mesa	Basketball
	Akayla Bell, Imperial Valley	Basketball
Jan. 22	Stevi Cooper, Grossmont	Basketball
Jan. 29	Laura Nelson, San Diego Mesa	Softball
	Natoya Butts, MiraCosta	Basketball